

St Paul the Apostle Parish

40 Buckleys Road, Winston Hills NSW 2153

T: 9639 6516 W: www.stpaultheapostleparish.org

Office hours: Tuesday to Friday 9:00am to 4:00pm

Parish Priest: Father John Paul Escarlan
Assistant Priest: Father Abraham Kunnatholy

For latest updates please visit our Facebook page

 Find us on: [facebook.com/stpaultheapostleparish](https://www.facebook.com/stpaultheapostleparish)

Baptisms: First and Third Sunday of each month
Baptism bookings only via our website

Weekend Mass times

Saturday Vigil 5:00pm
Sunday 8:00am, 9:30am and 5:00pm

Weekday Mass times

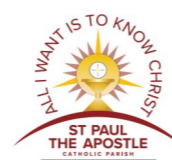
Monday to Saturday 9.10am (*preceded by Rosary at 8:40am*)
Thursday 7.00pm (*preceded by Adoration at 6:00pm*)

Reconciliation: Thursday 6.15pm - 6.45pm (*during Adoration*)
First Friday 6.00pm - 7.00pm (*during Adoration*)
Saturday 4.00pm - 4.45pm

Adoration: Thursday 6.00pm - 7.00pm
First Friday 9.45am - 9.00am Saturday

Masses livestreamed to Facebook:

Mon, Tue, Wed, Fri, Sat 9.10am, Thu 7:00pm, Sun 9:30am



Wednesday evening Lenten discussion group and call out for volunteer leaders

A Lenten Discussion Group will be held every Wednesday during Lent in the Marian Chapel at 7:00pm, commencing on February 21st. There is no need to register your attendance and everyone is invited to attend any or all of these sessions.

We cannot hold these groups without the generosity of volunteers to lead the weekly group and if you are able to assist in leading the discussion, please contact the parish office as soon as practical. Ideally we can have enough volunteers so everyone only has to lead one week each. For those who pre-ordered the Lenten Program booklets, we will advise when these become available for pickup.

Ash Wednesday - February 14th

Ash Wednesday Masses, including distribution of Ashes, will be held at 6:30am, 9:10am and 7:00pm. This marks the beginning of the Season of Lent. Penance, reflection, and fasting prepares us for Christ's Resurrection, through which we attain redemption. The practice includes wearing of ashes on the head and symbolise the dust from which God made us.

Invitation to attend Christ's Catholic Community weekly prayer group - Friday February 16th

Do you want to prepare yourself for weekend Mass? Especially during Lent? Please come along as the group goes through Readings and Gospel with an explanation of the Gospel. Praying of the Rosary follows and sing one or two songs in between. The first assembly of this group will be Friday February 16th at 10am in the Conference Room of our Parish Centre and take about one hour. It is hoped this group will assemble every Friday on an ongoing basis. Please direct all queries to the organiser Pauline Camilleri 0407 417 039.

St Pauls Men Ministry invitation to their next gathering - Thursday February 8th

Lent is coming! In preparation would you consider joining us the Thursday before, to participate in some valuable reflections and discussions that could assist you greatly in making this years Lent one to remember?

The evening starts with 6pm Eucharistic Adoration, followed by 7pm Mass, and then assemble at 8pm in the Parish Centre. Our topic of discussion for February will be "The meaning of sacrifice in the life of a Christian" and all men over 18 welcome. To find out more contact the Parish office on 9639 6516 or email mensministryofstpaul@gmail.com

Registration for Sacrament of Holy Communion

Online registration ([via our website](http://www.stpaultheapostleparish.org)) opens 9:00am Tuesday 6th February and closes at 5:00pm Tuesday 20th February. If you wish to know more please feel free to contact our Sacramental Coordinator Sandra Sheehan via the parish office.

Rite of Christian Initiation of Adults (RCIA) welcome

RCIA is the process through which older children and adults are prepared for entry into the Church through the Sacraments of Initiation. This weekend we are privileged to publicly welcome our three catechumens, who have been undergoing faith formation in recent months, and will be receiving the Sacraments of Baptism, Eucharist and Confirmation at the Easter Vigil. Assembling publicly for the first time, the candidates who have completed a period of precatechumenate, declare their intention to the Church, and the Church accepts them as persons who intend to become its members.

First Morning Tea for 2024 next Sunday - see you there !

After the 8:00am and 9:30am Mass next weekend please join us for morning tea. Stay and enjoy a hot cuppa and a treat with our fellow parishioners and a great opportunity to meet old friends and make new ones. Thank you also to our volunteers who make this possible.

Upcoming Feast Days

6th Saints Paul Miki and Companions | 8th Saint Jerome Emiliani, Saint Josephine Bakhita | 10th Saint Scholastica | 11th Our Lady of Lourdes | 14th Ash Wednesday

Stations of the Cross

Please come and join us for Stations of the Cross which will be held every Friday evening during Lent commencing at 7:00pm. It is also known as Way of the Cross, Via Crucis, Via Dolorosa (Latin for Way of Sorrows), is a devotion that reflects on Jesus' final days on Earth. It developed when knights and pilgrims began to follow the route of Christ's way to Calvary, and spread throughout Europe, promulgated by the Franciscan friars from the 14th century. It became an important catechetical tool and this devotion is to "walk" in Jesus' shoes by praying and meditating on each of the events Jesus experienced; it's often said that you must walk a mile in someone's shoes to understand what they are going through. The practice of artistic renderings of the Stations in churches didn't begin until around 1686, when Pope Innocent XI allowed Franciscan friars to adorn their churches with the different stations. Pope Benedict XIII extended that privilege to all the faithful in 1726. In 1731, Pope Clement XII allowed all churches to have stations and fixed the number at 14.

Pregnancy Help Sydney and "The Little White Box"

The work of supporting women with unplanned pregnancies is still an urgent need in our community. On the first weekend each month we put out "the Little White Box" at the Church at all masses. Donations raised allow the Pregnancy Help Sydney support group to continue supporting women and their families 24 hours a day on the telephone or with other assistance as needed. If you or anyone you know needs support or assistance, to know more, or to contribute, visit <https://www.pregnancyhelpsydney.com/>. Thank you.

The Pope's Monthly Intentions for February - For the terminally ill

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Caritas Project Compassion

Next weekend will be Project Compassion Sunday, which is the launch of the Caritas Project Compassion campaign which is held annually during Lent. More information about Project Compassion, including the take home boxes will be available next weekend.

Parish Safeguarding

We take the safeguarding of children and vulnerable persons seriously. Refer concerns to the Parish Priest, or to Office for Safeguarding and Professional Standards safeguarding@parracatholic.org or 8838 3419. More information available at www.safeguarding.org.au

Novena to our Mother of Perpetual Help

Prayed during our morning Mass every Wednesday.

Thursday Cenacles

Held in Marian Chapel after every Thursday morning Mass.

Divine Mercy Chaplet

Fridays 3:30pm in Marian Chapel.

Liturgy of the Hours

First Friday at 6:00pm

St Paul's Men's Ministry

Second Thursday of the month:
6pm-Church, 8pm-Parish Hall

2SM Filipino Mass

Second Sunday at 11:00am

Mass with Ephpheta

Third Sunday at 9:30am

Moments of Mercy

I am glad you behaved like My true daughter. Be always merciful as I am merciful.

Love everyone out of love for Me, even your greatest enemies, so that My mercy may be fully reflected in your heart (*Diary, 1695*).

Prayer for Vocations

The world tempts us to grab all we can. Even food becomes more when it is given than when it is taken. Follow Jesus: be a giver.

Catholic Outlook

Access at anytime online:
www.catholicoutlook.org/

Catholic Weekly

News, articles and information:
www.catholicweekly.com.au/

Low gluten hosts

Available upon request.

Hearing Loop

For signal, set to 'T' (Telecoil).

Overheads for hymns used in the Church are used with permission under ONE LICENCE No A-642251

Come and join our Parish Sacramental Team

We are in need of additional members to join our Sacramental team.

The sacramental team members, who are volunteers, take on the role of preparing the children for the sacraments by facilitating the formation meetings for the following sacraments:

First Reconciliation, First Holy Communion and Confirmation

The team is made up of committed Catholics who prepare children for the Sacraments. The children are part of the Parish community and attend St Paul the Apostle school and several other schools.

Preparing the children for the sacraments is family centred, parish based and school supported.

The Sacramental team build on the religious education of the children and share in the joy of walking beside the children on their faith journey.

There are two formation meetings for each of the sacraments and depending on the sacrament, a practice session might also be required.

The formation meetings and practice meetings generally take place on a Sunday afternoon in the Church and go for approximately one hour. The children attend the meetings with a parent.

Parents are given guidelines on what is covered in the formation meetings and each child receives a workbook to complete before they attend the meeting.

Sacramental team members receive all the resources and in addition guidelines to follow at the formation meeting.

Team members are provided with a calendar of dates for each of the sacraments and are asked to indicate their availability to assist at the following:

formation meetings, practice meeting (if one is required), and the actual Sacrament.

The formation meetings open and close with a prayer. Parents can ask questions and then the children and their parent are placed in smaller groups with a team member and the meeting begins.

The tremendous support of our parishioners who generously provide of their time and of themselves as part of this team, is pivotal and fundamental to ensuring our parish children are supported and prepared. If we do not have a sufficient number of Sacramental team members, this compromises our ability as a parish to deliver the necessary level of support for the children on their Sacramental journey.

Please give some prayerful thought to joining this team. The more members we have will reduce the load for all members.

To know more about this ministry or even to chat with one of our Sacramental Team, please do not hesitate to contact me on 0405 085 457 or email ssheehan@me.com or speak to one of our priests.

Sandra Sheehan
Parish Sacramental Coordinator

Please pray for our sick. Lord, heal the sick, grant strength, comfort, and divine peace. Amen

Aeroll Klein, Anthony Iannuzzi, Cathie Christie, Peter Casey, Daniella Younis, David, George El-Bayeh, Gracia Zalvidea, Iranie Perumal, Kayla Ho, Lucas Le Huray, Mary Finianos, Nick Galea, Peter Gamble,

Please pray for ... may the souls of our dearly departed rest in peace. Amen

Jack & Gladys Scott, Father David Scott, Father Kevin Bates, Brother Brendan Maguire, Beth Kenny, Charlotte Dos Remedios, Charles & Josephine Clayton, Clive Ryan, Everett Harrison, George Steele, John Buggy, Marie Cunningham and Mary White.